

Life is a game
Nothing's ever the same
No matter how much you can try.

Everything's fine
When you have a good time
But minutes later you could cry.

Up and down
I'm always feeling unstable
You seem to be changing my mood.

Up and down
It's like I'm hung on a cable:
One minute I'm flying
One minute I'm falling.

REFRAIN:
Up and down I go
Like an elevator
Down and to the top.

Up and down I know
I'll be now and later
'cause my love won't stop.

I know it's true
Since the day I met you
My life has never been the same.

Feeling alive since you gave me the drive
I'm like a candle
You are the flame.

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U-u-up and down...
U-u-up and down...
U-u-up and down...

U-u-up and down...
U-u-up and down...
U-u-up and down...

U-u-up and down...

One minute...

One minute...

U-u-up...

One minute...

One minute...

U-u-up...

Up and down I...

Up and down I...

Up and down I...

Up and down I...