

I used to think that lonely was what I'd always be  
I used to lie awake at night afraid of facing my fear  
But I found my strength, the very day that I found you  
My guiding light, just like a fairy tale come true

-Bridge-

My self-esteem was low but just like superman  
you took me by the hand made me understand  
Showed me happiness was never to far- thru it all

You've been at my back- thru it all  
You're the reason I stand so tall  
You've always been there to catch my fall  
You've been at my back- thru it all

You've been my boo my best friend and my confidant  
When I'm sad and blue you're the only one that I want  
And you've got a way with words that makes everything okay  
You're poetry in motion you brighten up my night and day

-Bridge-

You said don't be afraid and to never doubt myself  
And now that I found you I don't want no one else  
Won't you take my hand let's reach for the stars- thru it all

You've been at my back- thru it all  
You're the reason I stand so tall  
You've always been there to catch my fall  
You've been at my back- thru it all

-Bridge-

You said don't be afraid and just like superman  
you took me by the hand made me understand  
Showed me you would be there when I call- thru it all

You've been at my back- thru it all  
You're the reason I stand so tall  
You've always been there to catch my fall  
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