

I've been sittin  
With the weight of the world  
On my shoulders  
And I'm feelin' like the sweat  
Off the back of some slave  
Layin' tracks with the sun in his eyes  
And I'm drifting  
Down the path of the swamp  
That I've swallowed  
And I'm beating off the scales  
That belong to a snake  
Come at me with blood in his eyes

[Chorus:]  
But hey it's alright  
It's alright, it's alright  
Ya know I made it through  
Another day

Well I'm steamin'  
As I wade through the broth  
In the belly of an overripe monkey  
Who screams with disease  
As the worms crawl in through his eyes  
And I'm bleedin'  
Through the cracks in my face  
As I wallow through the salt of rejection  
That eats through my knees  
Reaching in to pull out my spine

[Chorus ?2]

Well I know I'm headed for a breakdown  
I know the time is right  
I know I'm headed for a breakdown  
I know the time is right  
But yeah  
You gotta keep on pushin' forward  
'Till you reach the risin' sun

[Chorus ?2]

It's alright, it's alright, it's alright  
I made it through another day.

Well I know I'm headed for a breakdown  
I know the time is right  
And I know that she will come to me