

w'en mi jus' come to Landan toun  
mi use to work pan di andahgroun  
but workin' pan di andahgroun  
y'u don't get fi know your way around

Ingran is a bitch  
dere's no escapin it  
Ingran is a bitch  
dere's no runnin' whey fram it

mi get a lickle jab in a bih 'otell  
an' awftah a while, mi woz doin' quite well  
dem staat mi aaf as a dish-washah  
but w'en mi tek a stack, mi noh tun clack-watchah

Ingran is a bitch  
dere's no escapin it  
Ingran is a bitch  
no baddah try fi hide fram it

w'en dem gi' you di lickle wage packit  
fus dem rab it wid dem big tax rackit  
y'u haffi struggle fi mek en's meet  
an' w'en y'u goh a y'u bed y'u jus' can't sleep

Ingran is a bitch  
dere's no escapin it  
Ingran is a bitch  
a noh lie mi a tell, a true

mi use to work dig ditch w'en it cowl noh bitch  
mi did strang like a mule, but bwoy, mi did fool  
den awftah a while mi jus' stap dhu ovahtime  
den awftah a while mi jus' phu dung mi tool

Ingran is a bitch  
dere's no escapin it  
Ingran is a bitch  
y'u haffi know how fi survive in it

well mi dhu day wok an' mi dhu nite wok  
mi dhu clean wok an' mi dhu dutty wok  
dem seh dat black man is very lazy  
but if y'u si how mi wok y'u woulda sey mi crazy

Ingran is a bitch  
dere's no escapin it  
Ingran is a bitch  
y'u bettah face up to it

dem a have a lickle facktri up inna Brackly  
inna disya facktri all dem dhu is pack crackry  
fi di laas fifteen years dem get mi laybah  
now awftah fifteen years mi fall out a fayvah

Ingran is a bitch  
dere's no escapin it  
Ingran is a bitch  
dere's no runnin' whey fram it

mi know dem have work, work in abundant  
yet still, dem mek mi redundant  
now, at fifty-five mi gettin' quite ol'  
yet still, dem sen' mi fi goh draw dole

Ingran is a bitch  
dere's no escapin it  
Ingran is a bitch  
is whey wi a goh dhu 'bout it?