

Baby I gotta say what's on my mind  
Girl I think that it's about time  
I gotta let you know  
That I want a lil more  
Cuz this is me  
It's burning inside

No more holding back  
Baby you set my soul on fire  
Gotta face the fact  
That I ain't never this way before

We started off as friends and everything was cool...ooh  
But things started getting a lil serious between me and you  
Late night phone calls  
Talking till like 3 in da morn  
We found ourselves caught up  
In the moment

Days we spent together  
And the nights we used to kick it at the club  
Just like one of us  
You always seemed to fit in  
You always played your position  
And I think that you could be the one

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I'm so... caught up...  
yeah...yeah...yeah... yeah...  
I'm so caught up...I'm so... caught up...

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