

Ummm ummm.. Yeahhh... ohhhh.. ohhhh ohhh yeah.. nooooo.. ummmm..ummm...

[verse]

Hey little lady why ya walkin with cha head hung low.. there's gotta be an answer to whatever you don't know. Got little man in the stroller lookin up at cha, don't understand, but he

[chorus]

cause I know what cha' going through.. don't let it get the best of you..Everybody goes through thangs, don't worry it will be okay..

I know what cha' going through.. don't let it get the best of you..Everybody goes through change, and made it through yesterday..

[verse]

Whatever happened to living in a world of peace and equality..(Oh)one in the same yet we killin one another for grief and jealousy

[chorus]

cause I know what cha' going through.. don't let it get the best of you..Everybody goes through thangs, don't worry it will be okay..

I know what cha' going through.. don't let it get the best of you..Everybody goes through change, we made it through yesterday..

[verse]

and don't you let it break you down.. don't you let it steal your joy... I know it's gonna be.. aaaallright yeah.. don't you let it.. keep o

[Chorus]

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I know what cha' going through.. don't let it get the best of you..Everybody goes through change, and made it through yesterday..