

Break these chains around my heart.
Cut me loose and set me free.
I can't stand to live my life,
Bound to your memory.

The 'phone rings, it's three in the morning,
Who else could it be?
You're gone, but you try to keep it going.
That's the last thing I need.
Forever is over,
Now it's up to me.

To break these chains,
If I'm ever gonna love again.
(Break these chains.)
I'm gonna say goodbye and let it end.
(These chains.)
My heart is tellin' me,
If I'm gonna be free:
I gotta break these chains.

It's time to put away your picture,
Take your pillow from my bed.
I'm still bound to you, baby,
But with every step,
I'm gettin' stronger,
And I won't bend.

I gotta break these chains,
If I'm ever gonna love again.
(Break these chains.)
I gotta say goodbye and let it end.
(These chains.)
My heart is tellin' me,
If I'm gonna be free:
I gotta break these chains.

Change, everybody changes;
Gonna have to be the one to break these chains.
Change, everybody changes;
Gonna have to walk away and break these chains.

Instrumental break.

Forever is over,
Now it's up to me.

To break these chains,
If I'm ever gonna love again.
(Break these chains.)
I'm gonna say goodbye and let it end.
(These chains.)
My heart is tellin' me,
If I'm gonna be free:
I gotta break these chains.

Change, everybody changes;
Gonna have to be the one to break these chains.
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