

Yeah, screw your diet man
Oh, eat up while you can
Your carbohydrate plan
Is just a Subway scam

Atkins was a giant man
How can you trust him with your food?
Atkins was a giant man
Do you want to be giant, too?

Let's cash in on what they eat
Food's the one thing that they need
They lied about how you feed
I hope your stomach bleeds

Atkins was obese, so true
The next to be obese is you
He died from slipping on some ice
A heart attack will end your life